NAAC ACCREDITATION "A" GRADE WITH 3.23 CGPA SCORE

Activity Report

Type of activity: World First Aid Day

Title of activity: First Aid Training Program

Objective of activity:

The objective of this activity was to generate awareness on first-aid, prevent injury from getting worse, aiding recovery of unconscious people and conducting emergency interventions to save lives.

Name of the organization committee:

Holistic Health Club under **AICTE SPICES** in association with Co Curricular Committee of the institute.

Date and time: 07/09/2022; 11:00 am onwards

Duration of the activity (Minutes): 3 hrs

Expenditure Amount if any: Rs.4000/-

Target Students: 200

Mode of Session: offline

Program type: Training session

About the activity:

The event was organised by Holistic Health Club in association with Co-curricular Committee: Dr. Marzooka Chishti (SPICES Coordinator), Mrs. Nahid Chishti (Activity In-charge), Dr. Rana Zainuddin (Co-curricular Committee In-charge) and Dr. Furquan Khan(SPICES Co-coordinator). The program began at 11:00 AM with the introduction and felicitation of the keyspeaker Mrs. Haleema Siddiquia, by the Principal, Dr. Abubakar Bawazir and Co-curricular Incharge Dr. Rana Zainudduin. Mrs Haleema began her talk by explaining about the meaning of first-aid and and how to handle the cases of accidents and even encouraged students to share their experience with

accidents. She then trained the students to apply the DRSABCD Action Plan and very clearly demonstrated the process on a dummy body of both adult human and infants. Few students even volunteered to share what they learnt. She also taught how to handle cases of heart attack. Furthermore, she discussed how to handle cases of bleeding, cut body parts, choking, drowning, fracture, making an arm-sling, and finally discussed how to safely move victims without injuring their spine. The event was concluded by thanking Mrs. Haleema by presenting her with a memento and certificate. Certificate of participation was presented to all the attendees.

Benefit in terms of learning/skill/knowledge obtained:

- 1. The skill and knowledge imparted is not only valuable to individual but also to the community at large.
- 2. It allows those trained with the potentially lifesaving ability to assist an injured or ill person during a variety of emergency situations.

Feedback:

The feedback revealed that the trainer very effectively demonstrated life saving skills to the audience, the participants found this training session beneficial and strongly agreed that a properly trained person with the correct skills are a huge help in ensuring better safety for everyone.

Flyer of the event



Registration link: https://forms.gle/aPCzPXbFyZAz2kKp7

Activity In-charge- Mrs. Nahid Chishti

Coordinated by:

Dr. Rana Zainuddin, In-charge Co-curricular committee

Dr. Marzooka Chishti, SPICES Coordinator

Dr. Furquan Khan, SPICES Co-coordinator

Dr. Abubakar Salam Bawazir, Convener & I/C Principal

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Photos of the event:



Felicitation of the speaker Mrs. Haleema Siddiquia at the hands of Dr. Rana Zainuddin



The trainer training the participants





